

Injection Instructions

Prepare Syringe For Injection:

- Remove the vial from the refrigerator/freezer.
- Collect all supplies: syringe/needle, alcohol swab, and vial.
- With first use of a vial, remove the flip top (this will not be replaced).
- Clean the rubber stopper with an alcohol swab.
- View directions provided by the practitioner to determine the number of UNITS you will inject.
- Put air into the syringe by pulling down on the plunger to the amount of UNITS that you will be injecting.
- With the vial upright, put the needle into the rubber stopper and inject air into the vial.
- While the needle is still in the vial, turn the vial upside down and pull back the plunger to the number of UNITS prescribed.



Remove cap & clean rubber stopper w/alcohol swab.



Draw up dose amount in air first to understand quantity.



Put needle in vial and inject air in vial.



While needle is in vial turn it upside down.



Draw out the prescribed amount of units to inject.

Turn the vial upright and remove the needle from the vial.

Prepare & Choose Injection Site

Choose the injection site. Subcutaneous injections are primarly injected into the abdomen or optionally the upper/outer thigh. Clean the area with an alcohol swab.

Injection Technique To Follow

- 1. Hold the syringe one inch above the injection site at a 90 degree angle to the skin.
- 2. Quickly stab the needle through the skin into the fat tissue.
- 3. Slowly push down the plunger to inject the medication and remove the needle once medication is fully injected.
- 4. Place used needle/syringe and any empty drug vials in a hard-plastic container (Sharp's container).



*Example to show different dose measurements in units.

